

ISSUE #74
MAY 2016

HEADINGTON MONTHLY

YOUR LOCAL FREE COMMUNITY MAGAZINE AND BUSINESS DIRECTORY



Headington Festival Weekend 2016

FREE!!!

SATURDAY

4 JUNE
2016
HEADINGTON
CENTRE

SUNDAY

5 JUNE
2016
BURY KNOWLE
PARK

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- * TREASURE ISLAND COMP
- * PAINTING COMPETITION
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- * MUSIC & DANCE
- * FAIRGROUND RIDES
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INSIDE THIS ISSUE:

- * OXFORD UNITED
- * COMPUTER ADVICE
- * WILDLIFE GARDENING
- * CROSSWORD & SUDOKU
- & MUCH MORE...

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Dear Readers,

Are you all ready for Headington Festival? Once again Headington Action have come up with an enticing schedule of events over the weekend of the 4th and 5th June. There's a Treasure Island competition running all week and a raffle. There are some great events in Headington centre on the Saturday including a painting competition on the theme of 'Pirates' and street entertainers including musicians and jugglers. On the Sunday in Bury Knowle Park there are sports demonstrations, have-a-go sessions, and music and dance performances. Also a magician, fairground rides and a wide variety of stalls including refreshment, beer tent and handicraft stalls. All the ingredients for a great weekend!

Sometimes things work out a bit unexpectedly. Last week my wife and I went for a day out intending to climb up Belas Knapp near Winchcome in the Cotswolds. I thought we could go most of the way up by car and climb the last 50 yards on foot thinking it would be easy. It was sunny when we set out but had been raining with possible showers forecast, and the only problem was we had forgotten our walking boots. We started the climb up a steep muddy pathway through trees. After a few yards we were struggling to keep upright but we persevered. We didn't even think about the descent and reached clean grass through a clearing in the trees. The rest seemed easier (it was more like half a mile than 50 yards) with great views, so after a breather at the top we turned to go back.

The grass was wet and slippery on the way down so we had to start running to keep upright, but couldn't stop. With our legs going 19 to the dozen we crashed down sliding on our backs for about 50 yards. Then we came to the muddy bit. We tried to keep to the steep side of the path where it was less muddy but failed and after sliding another 25 yards on our backs ended up in a heap at the bottom. Looking like mudlarks we limped and shuffled back to the car like a pair of giggling sexagenarian hooligans, much to the amusement of other, younger, sensible walkers. I had to clean the car out with a shovel when we got home!

The moral of this tale - when you go on walks be prepared!
 Enjoy the Festival

Best wishes, Nick



Nick Allnatt
 Founder/Publisher

GET IN TOUCH
 Nick: 07850 120116
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DEADLINES FOR

JUNE 2016

Commercial:
 3rd MAY 2016 5pm

Charity/Non-Profit and

Design Requests
 1st MAY 2016 5pm

THIS MONTH IN YOUR HEADINGTON MONTHLY:

10. OXFORD UNITED
14. RIVERSIDE STOMP
16. GARDEN BUDGERIGARS
20. SHARE A STORY MONTH
22. CANNES FILM FESTIVAL 2016
24. BRAIN GAMES
26. SUN STYLE
28. YOUR PRIVACY ONLINE
30. A GOOD READ
32. WHAT'S ON IN MAY



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Local E-Cig success stories

Healthier smoking alternative easier than expected for Oxford 'vapers'



Bobby, 56.
Taxi Driver, Oxford.

As a taxi driver & keen darts player, I was constantly in a smokey environment and smoked up to 50 cigarettes day. I've tried patches & gum in the past but they never did the trick. I brought an E-Cig from my local vape shop and started off on a high nicotine strength, but after just a week i felt confident enough to use e-liquid with no nicotine at all. I used this for 2 months then quit completely and haven't smoked since. If i can do it, anyone can.



Deborah, 48.
Housewife, Abingdon.

I smoked up to 20 a day for many years. Cigarettes were a comfort through thick and thin. I was unsure about switching to E-cigs, but decided to take a chance. It took me a few weeks to cut out cigarettes completely, but I love my E-cig now and take it everywhere! In 6 months i have managed to save for a 14 day holiday in a 5* resort with spending money to be pampered everyday in the spa. All from the money I have saved from switching to E-Cigarettes.



Helen, 60.
Retired, Witney.

After smoking 10-15 cigarettes a day for over 39 years I was diagnosed with COPD by my GP and told my lungs were only working at 60% capacity, I decided to do something, so purchased an E-cig starter kit for £26 & started 'vaping'. I returned to my GP after 8 weeks and my lung capacity had increased to 81%. I was amazed by the results and am now a 'vaping' convert and I am enjoying my new found health.



Headington Action

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Are you starting a new small community project?

Did you know you can get funding assistance from Headington Action?

We fund one-off grants for projects that foster community activities within Headington.

“Small Sparks” grants

The project must be able to get of the ground quickly; typically this will be a start-up grant. The maximum awarded is £250

If you would like to discuss your idea, please contact:
headington.action@gmail.com

For further details, please see the HA website :
www.headingtonaction.org

Community Support grant.

These are for projects that do not fit the “Small Sparks” criteria. The maximum awarded is normally £500

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Headington Festival Weekend 2016

Come and join us!!

The traditional Headington Festival will take place over the weekend of **Saturday 4th and Sunday 5th June.**

On Saturday, starting at 10.00am, there will be music, entertainment,, outdoor cafés, dancing, a Street Market and competitions in the streets of Central Headington – and the last chance to take part in our Treasure Island competition. In the afternoon a funfair will operate in Bury Knowle Park.

On Sunday we will hold an action-packed day in Bury Knowle Park, including music, magic, scrap modelling, funfair rides, plus lots of local community groups and sports clubs all proudly demonstrating their skills and inviting you to have a go.



There's no entry fee!!!



For further information, or to book your stall, visit our website at www.headingtonfestival.co.uk

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Tim is a 19 year old sports fanatic and has been living in Headington since 2004 which was when he saw his first Oxford game. He wishes to pursue a career in Sports Journalism. Tim enjoys taking part in triathlons and is a member of the local club. He is a season ticket holder at Oxford United home games and won the 2015 Oxfordshire Young Sports Reporter competition organised by BBC Radio Oxford.



Calum O'Dowda



Heroic Yellows Fall Just Short

By Tim McGovern

As with my report of the FA Cup Swansea victory, I will briefly skip through the results that preceded the 3rd time Oxford would play Wembley.

Oxford drew 2-2 away at 3rd placed Plymouth. Kemar Roofe and a Plymouth own goal were not enough for the three points. On the return to the Kassam, Oxford lost 1-0 to Leyton Orient, but turned it around only three days later to win 4-0 against Dagenham and Redbridge. A wonderful Kemar Roofe hat-trick and an added goal from Alex MacDonald tied up an easy win. Oxford then beat Barnet away 3-0 courtesy of two Callum O'Dowda goals, and one from Danny Hylton. The Yellows then drew at home to Stevenage after Liam Secombe netted for Oxford, but John Lundstram saw straight red after a reckless challenge, ensuring he would miss the Wembley final. The final game before Wembley was at Cambridge where both teams saw out a 0-0 draw.

Then Wembley beckoned... Oxford went into the game as underdogs but have scalps from a number of higher league opposition this season including Brentford (Championship), Swindon (League 1), Swansea City (Premier League), and Millwall (League 1). Oxford though were without Jake Wright and Joe Skarz due to injury, yet Johnny Mullins who was initially a doubt, captained the side on the day. John Lundstram was unfortunately out of the side as he had picked up a red card against Stevenage.

The Yellows got off to a strong start as they were cheered on by 34,000 Oxford fans. The first real chance of the game came when Jordan Evans

had a marvellous free kick saved by the Barnsley keeper. Had the kick been a few inches closer to the post, he would have surely scored.

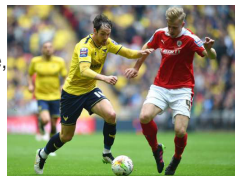
At the other end, Benji Büchel demonstrated great courage and firm hands as he fended off a number of close attempts from the Barnsley forwards. But the first goal of the game arrived from Oxford local and academy graduate, Callum O'Dowda after 29 minutes with a firm header after a brilliant Alex MacDonald cross.

But after half time, Barnsley seemed like a new team. Chey Dunkley scored an unlucky own goal seven minutes after half time to put Barnsley back in the game as he attempted to block a shot. Then fifteen minutes later, Ashley Fletcher of the Tykes scored to put Barnsley in the lead.

Then to make matters worse, Adam Hammill scored an excellent individual goal to make the score 3-1. But only two minutes later, Danny Hylton scored a close range header to provide the perfect response.

Unfortunately for Oxford, this was not enough for the win, or to take the game further. Barnsley came away victors with 3-2 as the final score line, but the team was heroic, and getting to Wembley was a victory in any case. Congratulations to the JPT runners up, Oxford United!

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## Brand New! Thames Path Challenge in aid of Helen & Douglas

Take part in a brand new event for Helen & Douglas House – the ‘Riverside Stomp’. This fantastic walking challenge along the beautiful Thames Path, takes place on Saturday 21<sup>st</sup> May. You can stomp 22 miles from Wallingford or 9 miles from Abingdon, finishing in Oxford. Walkers can enjoy the riverside in the spring while helping to raise vital funds so that the charity can continue to offer the range of specialist care and support provided for young patients with terminal illness and their families across Oxfordshire.

Chelsea, 17 ½ years old, is the charity’s ‘face’ for the ‘Riverside Stomp’. She lives with her mum and dad in Oxford and has a condition called Metachromatic dystrophy. This means that she can’t do anything on her own and needs care 24/7. She started coming to Helen House for respite care when she was 7 years old.


Rose, Chelsea’s mum, said: *‘Helen & Douglas House is something very, very, special. You can’t explain how much it means to be able to leave Chelsea in a place where I know she will be happy and well looked after by specialist staff we all know and trust. By walking you’ll help us as a family and other families continue to receive the care they need.’*




Lauren Ryan, Community and Events fundraising Manager, said: *‘This event is an exciting first for Helen & Douglas House. It gives people an opportunity to take in the most picturesque parts of Oxfordshire, conquer a brilliant challenge and give families like Chelsea’s the care they need.’*

There will be checkpoints and refreshments provided along the route which is suitable for anyone of any age. The sign-up fee of £20 per person covers the cost for the charity to put on the event and people are asked to raise a minimum sponsorship of £70 which will ensure that the charity can continue to fund their specialist care and support for patients and families.

To find out more and sign up: Phone; 01865 799150, email; [events@helenanddouglas.org.uk](mailto:events@helenanddouglas.org.uk) or visit [www.hdh.org.uk](http://www.hdh.org.uk)




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# Garden Budgerigars

**A**t this time of year as we spend more time out in our gardens we actually become more aware of the birds that share the space with us. One such species we don't always think of as a garden bird, but is well adapted to the garden setting is the Long Tailed Tit. From childhood I've always called them 'Garden Budgerigars', to me that's what they look like.

To make our gardens attractive to these friendly and excitable creatures we just need a selection of larger bushes and hedges. They can be seen in gardens year round but often in Winter they can be overlooked as they often flock with other species.

They do seem to prefer deciduous plantings in gardens that have a woodland feel, typically of oak, ash and sycamore species. For nesting, preference is shown towards thorny bushes less than 3 metres above the ground. They also like conifers and tall bamboo's too.

The nest is constructed from - lichen, feathers, cocoons and moss. The nest is a sac with a small, round entrance on top, suspended either low in bushes or high up in the forks of tree branches. Nests have a high rate of predation sadly, which can be very disappointing.

A nice consequence of that is that a breeding pair that have lost their nest or young will turn their attention to helping others of their species raise their own young. We can all learn a neighbourly lesson for that me thinks!

Their main food source is insects and eggs and larvae of moths but in Autumn and Winter they do adapt to eat seeds.

In flocks they have constant contact, calls become faster when the birds cross open ground or if an individual becomes separated from the main body of the flock. It's the calls that makes us aware they are around as the generally flit around silently otherwise.

Pretty simple for many of us to attract these lovely little birds to our gardens then?

Happy gardening,

Stuart Mabbutt



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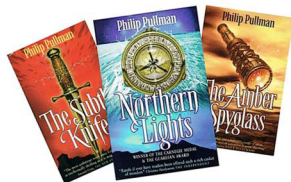
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# Share A Story Month

Did you know that May is National Share a Story Month? It's an annual celebration of storytelling, and this year's theme is **A Place for Stories**. The idea is that stories aren't just for bedtime; they can be shared anywhere – under a tree, during a picnic, in a tent, during a train journey... You can read a book to someone, or pass it on, listen to an audio book together, or retell a story you know by heart. You could even make up a story.

Whether you have five minutes spare this month, or a couple of hours, here are a few ideas to get you started sharing stories.

- ◆ Organise a storytelling session in a local café.
- ◆ Throw a teddy bear's picnic and ask children to bring their favourite bear related books.
- ◆ Ask your local shop whether you can have a small corner to use as a free library. Invite people to bring old books in, and borrow others.
- ◆ Organise a book swap with friends, or through a school. You could even turn this into a fundraising event, by charging people a small amount for entrance, or for a cup of tea and slice of cake.
- ◆ Build a den, lay down a blanket and read stories with your family.
- ◆ Download the ePub and Kindle apps for your Smartphone, so that you can read ebooks when you're out and about.
- ◆ Write a book with your child. They could draw pictures,



or you could cut ones out from old magazines.

Fancy treating yourself, or someone else, to a new book this month? Here are a few of our favourites...

Under 5s: **Whoa! Joe by Rosie Godfrey** is a beautifully illustrated book about a three year old's imagination, and the adventures it takes him on. It even comes with a story CD included.

5-8: **Daisy and the Trouble with Life by Kes Gray**. Daisy is always getting into trouble and this story is no exception. She's grounded, but why? And why does she keep rushing off to the loo?

9 upwards: **The Dark Materials trilogy by Philip Pullman**. Adventures are aplenty in this fantastical story of a girl called Lyra Belacqua and her 'dæmon' companion, Pan.

Teenage: **Challenger Deep by Neal Shusterman** won a National Book Award last year, and it's not difficult to see why. A moving, yet funny, book, Challenger Deep explores the world of a teenager battling with schizophrenia.

Adult: **The Curious Charms of Arthur Pepper by Phaedra Patrick**. Follow Arthur on his quest to discover the origin of the charms on his late wife's bracelet. A hugely enjoyable read.

For more

information about National Share a Story Month, visit: [www.fcbg.org.uk](http://www.fcbg.org.uk)



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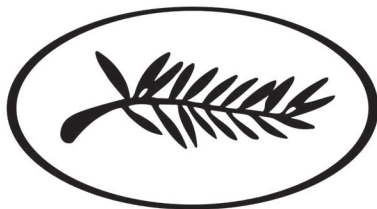
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The prestigious Cannes Film Festival returns this year for the 69<sup>th</sup> time.

## FESTIVAL DE CANNES

Films of all genres are screened between May 11<sup>th</sup> – 22<sup>nd</sup> as the population of the city swells from around 80,000 to 200,000 across the two week period. But it hasn't always been the lavish affair it is today.

A man by the name of Jean Zay had the idea for the festival in 1939, however due to the imminent threat of World War II, the opening year was delayed until 1946 and its revival used as a way of encouraging tourism again in the French Riviera.

In 1948 and 1950 the event was cancelled due to a lack of funding and twenty years

later, in 1968, the festival closed its gates once more, mid-way through due to student and worker-uprisings.

Nowadays the festival is believed to have a budget of €20 million with 850 staff employed to cover the occasion. Although most of the festival has a strict access policy, and you won't get to walk down the iconic red carpet (which, incidentally, is changed three times a day!), as a regular tourist you can buy tickets to a number of screenings including the 'Director's Fortnight Section' and can access several free screenings, some of which have Q & A's with up-and-coming directors.

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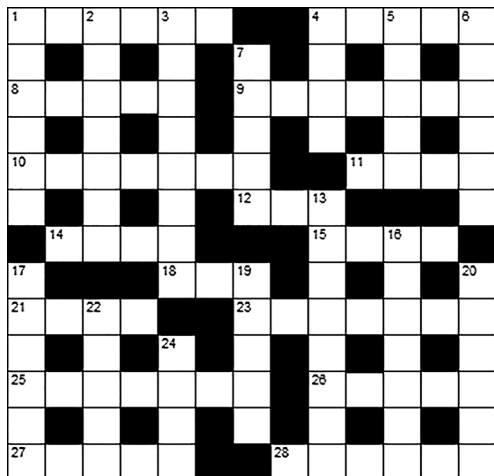


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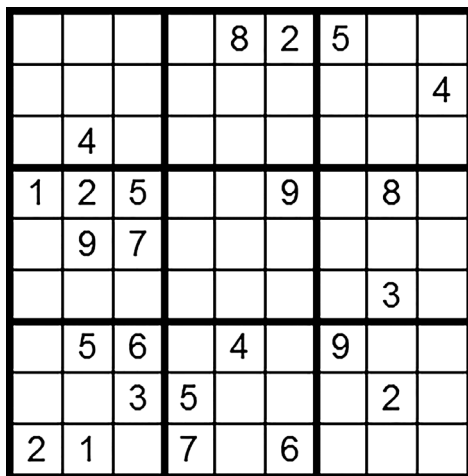


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## CROSSWORD



## SUDOKU



## CROSSWORD CLUES

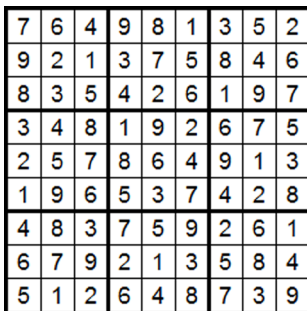
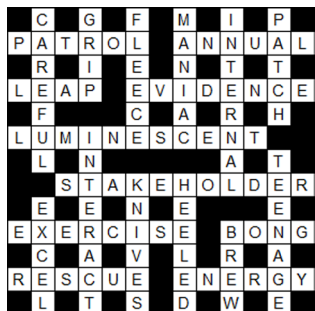
### ACROSS

- 1 persecute (6)
- 4 leader (5)
- 8 afterward (5)
- 9 clap (7)
- 10 remove hair (7)
- 11 glade (4)
- 12 allow (3)
- 14 monster (4)
- 15 bee house (4)
- 18 blob (3)
- 21 mature (4)
- 23 flight personnel (7)
- 25 degree (7)
- 26 world-class (5)
- 27 claw (5)
- 28 nap (6)

### DOWN

- 1 protective head gear (6)
- 2 decomposing (7)
- 3 shrieked (8)
- 4 immitate (4)
- 5 angry (5)
- 6 violin (6)
- 7 bread ring (5)
- 13 baker's dozen (8)
- 16 dizziness (7)
- 17 deferred payment (6)
- 19 trivial (5)
- 20 pluck (6)
- 22 student (5)
- 24 robe (4)

Last month's Brain Games solutions:  
*did you get them right?*



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**HEADINGTON CENTRE:** London Road - The Pet and Garden Store, Oxford Furniture Warehouse, The Windmill, Mojo's Sandwich Bar, Natwest Bank, Headington Post Office (moving to the Coop), Bury Knowle Health Centre, Headington Coop, Posh Fish, Pen to Paper, Cancer Research UK, Clic Sargeant, Marie Curie, Sainsbury's, British Heart Foundation, Coco Noir, Tesco's, Andrews, Barclays Bank, Richard's Medical Centre, Gardiner's Opticians **Windmill Road** - Ice Hair Salon, Helen & Douglas House, Armends Walk-in Barbers, Vente Tsunami, Sue Ryder Foundation, Daisy Chain **Gray's Road** - Gray's Road Stores **Girdlestone Road** - Girdlestone Launderette **Wilberforce Street** - The Butcher's Arms

**WOODFARM:** Atkyns Road - Post Office, The Coop, Woodfarm Bakery

**MARSTON:** Cherwell Drive - Marston Medical Centre, The Coop, Pads n Paws, Mediterranean Fish Bar **Old Marston Road** - The Coop, Marston Pharmacy, Costcutter **Marston Road** - The Marston Barber

**QUANTITIES ARE ALSO AVAILABLE AT:** Headington Library, Bury Knowle Health Centre (London Rd and Barton), Manor Dental, Gardiner's Opticians, Barton shops & Health Centre.

**Do you know of a good collection point for the magazine? If so please let us know.**

**Please note:** If you cannot see the magazine displayed in the above locations please ask. The management may not have space available to display it prominently. If they have run out of stock please call Nick on 07850 120116.

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# Sun Style

It's really important to wear sunglasses, to protect your eyes against harmful ultraviolet (UV) light. UV rays can cause damage to your eyes which could lead to cataracts.



Sunglass lenses are usually plastic for increased durability and versatility. Some opticians offer a range of different colour lenses from the more traditional browns and greys to yellows, blues and green.

These cause clouding of the lens, reduced vision and even blindness if left untreated. Most sunglasses now filter out both UVA and UVB rays.

There is a vast array of sunglasses to choose from including prescription sunglasses. There may be a few styles that aren't suitable for your prescription but an expert can advise on this.

It is important to think about the shape of your face to determine which sunglasses may suit you best. Decide whether your face is heart shaped, round, oval or square, as this will help you work out whether square frames, cat's eye shape, aviator style, shield, oversized or sport may work best for you. Those with heart-shaped faces will generally find that frames that are wider at the top than the bottom will look best, whilst oversized, rectangular and angular frames will counterbalance a round face and shallow rectangular frames will visually shorten a long face.

Think about your colouring too. What frame colours will suit your skin tone and hair colouring? Those who are fair may find pastel shades or transparent frames most complimentary. Of course you may want to make a statement and choose a bolder frame.

Different tints suit particular circumstances such as green for enhancing contrast and thus being really helpful for those who play sports like golf.

There are a variety of tints too. Dark tints are best for mountains and sea and lightly-tinted for more urban and general environments.

All sunglasses reduce brightness, but to reduce glare as well, you need polarized lenses. They are particularly effective when driving, skiing or fishing as they block glare increase contrast.

As with all spectacles you have the choice of designer brands such as Ray Ban, Ted Baker and Oakley or non-designer. There is an element of fashion and celebrity endorsement too. Iconic images of Tom Cruise wearing L.G.R. Tangeri and Cosmorus sunglasses in last years Mission Impossible 5 film had a huge influence and led to other brands copying the trend. Check out the latest looks at your local optician or fashion chain.

It's always helpful to seek the assistance of a store professional to help you select the most suitable sunglasses, particularly to check that the specification will offer you the correct protection but also to advise on aesthetics.

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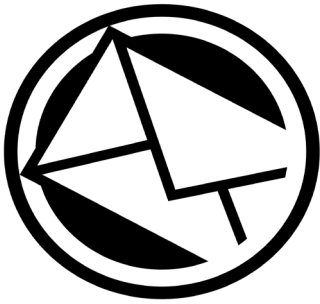


#### About Dr Angie Anderson

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# “Your privacy online”

## Are you really the only person reading your email?

by **Steven Pitcher, computer medic**

*Steven is based in Headington and has over 20 years' experience with all types of computer systems, and is an expert in Windows, Mac OS and Linux systems. Call him on 07342 980 292 if you need help with your computer. See ad on opposite page for details.*

Every now and again, the UK government does something nasty that inadvertently helps smaller businesses. This year, the Draft Investigatory Powers Bill, not very affectionately also referred to as the “Snooper’s Charter”, is one such event.

As our freedoms and liberties are systematically stripped from us in the name of ‘security’, the ‘step too far’ that the government is taking by proposing and introducing this piece of legislation to parliament is their desire to intercept everyone’s email.

That’s everyone. You, me, and if your cat has email, you can bet that GCHQ has a copy of that too. And the conspiracy theorist in me says that while the bill hasn’t yet been approved through parliament, you can be pretty sure they are already doing it.

So what does it mean to you?

At first glance, you could be forgiven for saying things like “Well, in the interest of national security, it’s OK” or “I never have anything interesting to say anyway, so I’m not bothered”, but the simple fact is that you absolutely should be bothered, worried and concerned.

You may be a completely innocent civilian, and you may argue that GCHQ doesn’t have the manpower to read 60 million emails per day, and you’d be right. If that was how it works.

But how the system works is that a computer program CAN read 60 million emails a day, and does. It scans every email you send outwards for ‘keywords’. When a keyword is flagged, the system then flags YOU as someone that a human should take a look at. So if you make an innocuous joke about terrorism in an email, that will get flagged, and a human analyst will then quickly look through your emails to ensure that you were, in fact, ‘only joking’. And that’s an invasion of privacy that no-one wants.

How long is it before the same system is used to detect your financial or tax affairs as

well. When I worked on the development of the Congestion Charging System in London back in 2001, we were assured by the authorities that the number plate recognition system would only ever be used for detecting payments for the congestion system. Then they added a couple of bits of functionality, and now whenever you drive in the CC zone in London, not only your congestion charge details are checked, but your insurance and tax status, and if there are any convictions against your name, and if there are, you can be pretty sure the Met will mysteriously and randomly pull you over once within the zone.

While it’s important for national security to root out terrorism, the track record of government shows that this would likely not be the primary purpose for long.

The solution to this is what benefits smaller businesses. In the days before the “free” email giants, people looked to small, local service providers to provide their email services. Returning to this system effectively bypasses the monitoring and allows you a greater sense of control over your own communications. This is because the bill allows them to bully their way into the big corporations’ systems, but they can’t get a backdoor into a smaller provider. So while emails sent TO you will still likely be read by Big Brother, going back and supporting local email providers like the ‘good old days’ will at least give you the piece of mind of knowing that what YOU send out will ONLY be read by the recipient you decide.

The freshly graduated IT analyst will not be watching your email, and you can claim back just a little of that privacy that keeps being stripped from us.

It turns out that the old adage is true: There is no such thing as a free lunch (or email), and while it may be free of financial charge to have that gmail email address, is it truly free?

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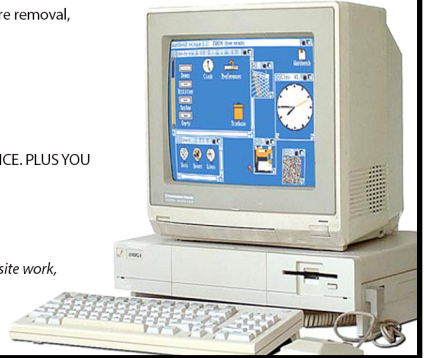
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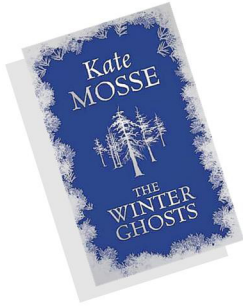
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# A Good Read



## **The Winter Ghosts – by Kate Mosse**

This is an unusually short novel by Kate Mosse at just 250 pages. However readers won't be

disappointed as Mosse once again takes us back to the South of France and the area in the Pyrenees which provided the haunting backdrop to her weightier *Labyrinth* novels.

It is 1933, and an Englishman visits a book antiquarian in France with a strange manuscript written in the now extinct Occitan language of the region. The antiquarian is curious and wants to know how an Englishman would have it in his possession. Slowly, the foreigner tells his story.

In 1928, with Europe still recovering from the aftermath of World War 1, Freddie is recovering from an illness. Still struggling to come to terms with the death of his older brother George, his doctor suggests a trip to France where the mountain air in the south may help his recovery. He is consumed by grief and guilt over George's death and welcomes the opportunity to visit the country where his beloved brother died.

A car crash during a storm in the mountains sees him stranded in the oddly deserted-looking village of Nulle. He finds lodgings and the next day is invited to attend the Fete de Sainte-Etienne, a celebration of the village's past. It is here that he meets Fabrissa, a beautiful mysterious woman.

Mosse cleverly allows us to see the psychological effects of grief. As in the *Labyrinth* trilogy she embeds the story in the medieval history of the Cathars (an ancient sect of Christianity, long since destroyed) in the region. Are there such things as ghosts or do we create them in our mind to deal with the events that appear doomed to reoccur throughout history? Or are ghosts merely the reminder of mistakes that we are condemned to repeat?

## **Cloudberry Castle: Ballet School Secrets by Janey Louise Jones**

This is the second book in the Cloudberry Castle series. The first introduced ballet-mad Katie and her family. Following the death of their elderly neighbour the Mackenzie family find themselves the owners of Cloudberry Castle. The crumbling building could be beautiful and the book follows Katie and her family as they raise enough money to turn it into a new ballet boarding school. At the start of this second book the school is about to open. Katie's mother was a dancer with the New York City Ballet and has spent the last few months planning classes, ordering costumes, and holding auditions, whilst her dad has been hard at work transforming the rooms into ballet studios, classrooms, and dormitories.

When September arrives Katie is in heaven. She gets to dance all day and soon makes friends with some of the other girls. Her mum is planning to stage *Sleeping Beauty* at the end of the year and Katie would love to play Princess Aurora. However, one of the new students, Leo, seems to be about to put a dampener on things. She arrives with a private chauffeur and pony and clearly thinks she is better than everyone else. Katie begins to worry that she is not as good at ballet as she thought she was. Can she win the role of Princess Aurora?

Combined with a discovery in the grounds of Cloudberry Castle which may well reveal some long-hidden secrets, this novel is perfect for a young ballet fan. Katie is a very likeable narrator and Jones is an engaging writer. This is aimed at readers aged 8+ and its 141 pages are split into 28 manageable chapters for young readers looking to gain more confidence.



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## WHAT'S ON IN MAY

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### BRITISH LEGION SPONSORED WALK

1st Royal British Legion Poppy Appeal sponsored walk taking place on Saturday 16th July at Shotover Park, Oxford. Come along and register on the day or beforehand & raise funds for our Appeal. Registration costs £3.00 for adults and £1.00 for children, under 5s go free. Registration starts from 10am, all are welcome. Contact Mark Garwood on 0203 053 7271, Mobile: 07500225215 email: MGarwood@britishlegion.org.uk

### HEADINGTON GARDENS

Six gardens in Old Headington are open under the National Garden Scheme this coming month on Sunday May 22nd, from 2.00 to 6.00. Five of the gardens are privately owned and provide an opportunity to explore behind the high walls of Old Headington. The sixth is the Ruskin 'crinkle crinkle' garden, a community-run walled garden growing fruit and vegetables. Further details of all the gardens are available at: <http://www.ngs.org>.

uk/gardens/find-a-garden/garden.aspx?id=17761 or in the NGS Yellow Book. There will be opportunities to buy plants and teas will be available in the Crinkle Crinkle Cafe next door to the walled garden. Admission to all the gardens is £5.00 per adult (children are free) and all the proceeds go to national charities such as Macmillan Cancer Support and Help the Hospices. Come and wander round, and enjoy tea afterwards.

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If you or someone you know wishes to know more, why not phone and arrange an informal visit. You can come and meet the staff and other club members. You can see what we do, and ask any questions over a cup of coffee or two.

Please contact Julie on **01865 749349** or email

**Rosewood@daybreak-oxford.org.uk.**

To advertise, please contact Nick on 07850 120116 or email [nick@headingtonmonthly.co.uk](mailto:nick@headingtonmonthly.co.uk)

# CONTACTS, COMMUNITY, CALENDAR.

These are some useful local numbers and school terms calendar. Please advise us if there are any errors or important missing numbers

## Doctors:

- \* Barton Surgery, Underhill Circus, Headington - 01865 744 221
- \* Bury Knowle Health Centre, 207 London Road, Headington - 01865 761651
- \* Manor Surgery, Osler Road, Headington - 01865 762 535
- \* The Richards Medical Centre, 12 Old High Street, Headington - 01865 741 211

## Dentists:

- \* 310 Dental Care, 310 London Road, Headington - 01865 766975
- \* Bury Knowle Dental Practice, 207 London Road, Headington - 01865 308 400
- \* Euro Dental Practice, 61 London Road, Headington - 01865 308400
- \* John Miller Dental Practice, 6a The Parade, Windmill Road, Headington - 01865 308 050
- \* Kennett Road Dental Practice, 3 Kennett Road, Headington - 01865 761 965
- \* Manor Dental Practice, 7 Osler Road, Headington - 01865 750 056
- \* Studental, Oxford Brookes University, Colonnade Building, 3rd Floor, Gypsy Lane, OX3 - 01865 484 608

## Chemists:

- \* Barton Pharmacy, 6 Underhill Circus, Headington - 01865 763 106
- \* Boots Pharmacy, 96 London Road, Headington - 01865 763 106
- \* Boots Bury Knowle, 207 Bury Knowle Health Centre, Headington - 01865 765 559
- \* Roundway Pharmacy, 3 Roundway, Headington - 01865 766 994

## Libraries:

- \* Headington Library, North Place, Headington - 01865 762 867

## Other Useful Numbers:

- \* Age UK - 01235 849 400
- \* Childline - 0800 1111
- \* Citizen's Advice Bureau - 0870 200 608
- \* John Radcliffe Hospital - 01865 741 166
- \* Gas Emergencies - 0800 111 999
- \* Power Outages - 08000 929 282  
(Scottish Power)
- \* Thames Valley Police - 101
- \* Oxford City Council - 01865 252 900
- \* Rt. Hon. Andrew Smith MP - 02072 194 512
- \* NHS Direct - 111
- \* The Samaritans - 08457 909 090
- \* Recycling and waste 01865 249811

## City Councillors for Headington:

- \* Ruth Wilkinson - 07789 368 300
- \* Altaf Khan - 07931 345 554

## School Terms 2015-16

| Term               | Date             | # Days |
|--------------------|------------------|--------|
| Term 1             | 1 Sep - 23 Oct   | 39     |
| Oct. Holiday       | 26 Oct - 30 Oct  |        |
| Term 2             | 2 Nov - 18 Dec   | 35     |
| Christmas Holiday  | 21 Dec - 1 Jan   |        |
| Term 3             | 4 Jan - 12 Feb   | 30     |
| Feb Holiday        | 15 Feb - 19 Feb  |        |
| Term 4             | 22 Feb - 24 Mar  | 24     |
| Apr Holiday        | 28 Mar - 8 Apr   |        |
| Term 5             | 11 Apr - 27 May  | 34     |
| Late Spring        | 30 May - 3 Jun   |        |
| Term 6             | 6 Jun - 20 Jul   | 33     |
| School Year Begins | 1 September 2016 |        |
| Total              |                  | 195    |

*This information is taken from the Oxford City Council website. Please contact your school or visit your school's website to check the return dates for your school and obtain dates of teacher inset days.*

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