ISSUE #87 JUNE 2017 HEADINGTON YOUR FREE COMMUNITY MAGAZINE AND BUSINESS DIRECTORY

A WARM WELCOME TO ASLAN THE LION

INSIDE THIS ISSUE:

WILDLIFE GARDENING * MOVIE REVIEW * BRAIN GAMES & MUCH MORE!

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EADINGTON MONTHLY

ISSUE #87 June 2017

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Headington Monthly is distributed to residents and businesses in Headington and Marston every month.



Nick Allnatt Founder/Publisher

GET IN TOUCH Nick: 07850 120116 nick@headingtonmonthly.co.uk Dear Readers

t's about time we mentioned Aslan, the tree carving in Bury Knowle Park, as promised in April issue. You may remember I nearly broke my neck trying to get this photo when I fell in the moat around Bury Knowle House. As an icon of Headington it has already been acclaimed as a great alternative to the shark, and a very fitting tribute to author C S Lewis, one of Headington's greatest residents, who created the character Aslan as one of his childrens' stories. We feature an article on page 8 kindly written by Rosemary Belton of the Friends of Old Headington which gives the background to the brilliant carving of the lion by Matt Cave who did the other wood carvings in the park.

Years ago colleges held student 'rag' weeks, not sure if they still do? These usually involved student pranks, one of the most famous of which was a Morris car being lifted on top of the University Examinations building to a position in full view of the public on High Street. How it got there no-one knows. My old friend Tony who was a police officer in those days told me of

a episode with punts. Some students hired a punt and failed to return it as required at dusk. They used it to picnic on an island in the Cherwell and as planned, waited to be reported to the police who duly went in search. The police used another punt to find them and ventured onto the island to search for and apprehend them. The crafty students, who were watching in the undergrowth, got back in their punt and towed the empty police punt away with them back to the punting station! I have another student/police story like that which I'll tell next month, do you have any? We'll publish the best ones. :)

Please note students and residents perform pranks at their own risk! Headington Monthly does not endorse such behaviour. :)

Don't forget the Headington Festival on the 3rd and 4th June (see page 28 for details).

Nick

COVER IMAGE "ASLAN" - NICK ALLNATT

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Aslan - Bury Knowle Park



he Friends of Bury Knowle Park were fortunate in 2016 to be selected by Tesco to be one of their funded projects for their Bags of Help scheme. This scheme takes the 5ps charged for single use plastic bags and makes grants to community groups and projects across the UK. This project and others were voted on in local branches last year.

The most visible part of the project is the new carving of Aslan in front of the

library in Bury Knowle House. (Other major parts are providing 2 notice boards and the creation of a path to the sensory garden to enable better access for wheelchairs, pushchairs and those less able to walk over the grass. There will also be some further planting around the sensory garden area later this year.)

The cedar tree in front of the library had died some time before and the idea of creating another wood carving had been an ambition for several years, but funding the idea had been a problem. The Storybook tree will not last forever and we wanted to continue that idea into the future.

We discussed the design with various people and thought that keeping the Narnia/ C.S. Lewis theme with its strong association with Headington would be good, but weren't quite sure what would be possible. We emailed this general suggestion to the sculptor to get his ideas and he suggested that Aslan gazing out over the park would meet the plan. As soon as the Friends heard this there was unanimous agreement that this would really be an iconic addition to the park.

The Parks department helped start the project with their hefty saws and lifting gear to cut the tree off at about 2.5 metres above the ground. The carving was done in January and February 2017 by Matt Cave, the sculptor who has done previous wood carving in the park. He looked



Sculptor Matt Cave with Aslan (Photo: Colin Palmer)

rather cold! See https://buryknowlepark.wordpress.com/ for some pictures of Aslan taking shape.

As well as carving the lion, part of the rest of the tree was carved into an informal bench with some smaller figures including an elephant and beaver, the animals which are part of the Oxford coat

of arms.

Matt had generously cancelled a flight to warmer climes and spent about a month in the coldest part of the winter carving the tree. He worked long days and it quickly took shape and was soon recognisably a lion. After the initial phase with big chainsaws the work became finer and finer and more and more detailed to produce the magnificent figure of Aslan that is there today.





THANK YOU FOR SMOKING

THE FILM REVIEW BY OSCAR DUXFIELD

hank You for Smoking is a drama/ comedy gem from 2005 that somehow slipped through the cracks and went relatively unnoticed when it was released. This was especially surprising given its stellar cast including William H. Macy (Fargo 1996), Robert Duvall (The Godfather 1972) and Aaron Eckhart (The Dark Knight 2008), to name a few.

This movie relishes in controversy as is obvious from the title, and, given its subject matter was never going to be nominated for any academy awards. But I am surprised that it hasn't gained more traction and a cult following over the years. However, apart from the friend who recommended it to me, I don't know anyone else who has seen this film. I urge you to hunt it out and watch.

What I love about this movie is that it's not only unafraid of dipping its toe into the pool of controversy but openly dives in forcing viewers to root for the chief spokesman of a major cigarette company vigorously denies the negative effects of smoking as his daily job. Aaron Eckhart puts on a phenomenal performance as Nick Naylor. Within 30 seconds of the opening credits we are on his side thanks to his charisma, intelligence and fearlessness which quickly comes through. He uses this fearlessness to bring people over to his side without force or aggression but by convincing them with passion and creativity. We see Nick in the opening scene on a chat show with a 15-year-old cancer patient

coming off seemingly cleaner than his opponents

Bizarrely, the antagonist of this topsyturvy movie is the senator (William H. Macy) who is trying to do the right thing and cut the number of smokers The antagonist of this movie is a senator (William H. Macy) attempting to reduce the number of people who smoke which is obviously a positive agenda and yet we root against him because he stands in our protagonist's way.

On the surface this film is about smoking and the companies that make cigarettes. But it is really about far more than that if you pay close attention. it's about our freedom to make choices about what we do, say or even smoke, which is perhaps why we don't see anyone actually smoking throughout the movie, the film isn't trying to convey to us that smoking is cool it's simply used as a device to illustrate one of the dangers we shouldn't subject ourselves to for our health, but nevertheless have the right to do so. The main character even openly talks about how if his son really wants to smoke he'll "buy him his first pack".

Overalll, "Thank You For Smoking" is quite an "edgy" film and it's because of this that it's often dismissed as having nothing important to say, however I think this movie is fantastic in its subtlety and rather than spoon feeding us its agenda it uses smoking as a brilliant metaphor.



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The Friends of Old Headington are holding their annual *Open Gardens* event on Sunday 25th June 2017. From 2.30 – 5.30 pm.

There are some lovely gardens in the local Old Headington area for you to enjoy – some new ones that are open for the very first time and some much-loved favourites.

Gardens that are open to the public will have a poster advertising the fact on their gates. Collect a leaflet with

map, either from your first garden or from the Parish Hall in Dunstan Road.

The admission fee is £5 which covers admission to all gardens (accompanied children are admitted free). Members of the Friends of Old Headington are charged £3 as long as they have their membership card with them!

A plant stall will be available at the Parish Hall in St. Andrews Road from 2.30 – 5.30pm. The Parish Hall also provides the venue for viewing and buying books relating to Old Headington, plus refreshments of lovely tea and cake provided by Otmoor W.I from 3.00pm.

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certain sound frequencies some smaller hearing aids may not be suitable.

If you use electronic devices like a mobile phone, mp3 player, or laptop that are capable of sending a wireless signal, then you may want a hearing aid that is wireless compatible.

If cosmetic appearance is important, let your audiologist know. They can help narrow the choices to what will best suit both your hearing needs and aesthetics.

Consider your dexterity. If you have arthritis, you may find it difficult to insert and remove smaller hearing aids. Larger ones are easier to handle.

Although some hearing aids are available on the NHS, top of the range hearing aids can be very expensive. Most private health care plans don't cover them either, so your budget may be a factor in your decision.



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trials and tribulations

he article kind of wrote itself once l'd had an email through from a regular reader asking an age old question about bird song recognition.

That being, "How can one tell the difference between a Blackcaps call and a Garden Warblers call?"

Tough one that and its not easy, even the most experienced birdwatcher can find this a challenge, with many birds identified as a Blackcap later turning out to be a Garden Warbler and many a Garden Warbler transpiring to be a Blackcap.

Its kind of down to experience, but that's not failsafe either. A good tip is that Blackcap hit higher notes and often deeper notes, whereas Garden Warblers don't have as a wider range of notes. But, there are regular exceptions to the rule.

So good luck with that one is all I can say. It does raise the point again in these lines though, that does it really matter the not knowing what it is aspect to the enjoyment of the wildlife in our gardens? We get busy, identifying, categorising and understanding, that we often forget to just 'be', and just enjoy nature for what it is, in all its glory. Nature has many answers to the trials and tribulations we all encounter through life. To understand it is good, but is that really important at the end of the day?



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Wimbledon Fortnight

Wimbledon fortnight may be as British as summer rain but it originated across the English Channel. It derives from a French handball game called jeu de paume, or 'game of the palm' which was played in the 12th century in French Monasteries. Even the name derives from the French expression 'tenez-vous prêt, which means 'get ready' and was called by the player about the serve the ball. The game was first recorded in English as 'tenetz', by the poet John Gower in 1399.

The game was very popular with French royalty and it was they who introduced it to the rest of Europe. In 1414 Henry V received a gift of tennis balls from the future king of France, Charles VII. Henry then initiated the tradition of aristocratic play in Britain.

Early players hit the balls with their bare hands but soon large gloves were preferred, and by the early 16th century short-handled racquets had appeared.

The first world tennis championships were held in the mid 18th century and was recognisably the game we know today, played in an enclosed court. The rules were different though as the ball

was allowed to bounce off a wall.

Two inventions transformed the game: the first was the invention of the rubber ball, which could bounce on grass, and the second was the lawnmower and roller, which allowed a smooth outdoor surface to be created. By the mid 19th century tennis was being played regularly on grass, and at the same time more powerful racquets with longer handles were produced.

The first lawn tennis club was founded in 1872 in Learnington, Warwickshire. In 1875 J. M. Heathcote asked his wife to cover a ball in flannel to make it easier to hit on wet grass. His idea was a success and quickly caught on.

Lawn tennis became increasingly popular and the management of The All-England Croquet Club, at Wimbledon in London, was persuaded to set aside one of their lawns for the game. In 1877 it changed its name to the All-England Croquet and Lawn Tennis Club and organised the first Wimbledon Tennis Championships. There were 22 entrants, all men and the winner was Spencer Gore. A separate women's championship ran for the first time in 1884 and was won by Maud Watson.

Fun Fact

Every year about 27,000 kilos of strawberries, 7,000 litres of cream, 60,000 pints of Pimms and 14,000 bottles of Champagne are consumed by spectators during Wimbledon.





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Although I know about the parades which mark the Queen's official birthday I have never really known what the phrase 'Trooping the Colours' actually means.

In fact The Colours carry upon them all the battle honours of a Regiment and as such have major significance for each and every soldier serving in that Regiment. In olden days they were hung outside the Battalion or Regimental headquarters after a good day's battle, so The Colours identified their headquarters. They were carried into battle so that in the fog of war, if a soldier was lost, he knew to search for the colours to locate the rest of his Regiment. Hence each day The Colours were trooped in front of the soldiers to make sure that they would always recognise them.

In London, the Foot Guards used to do this as part of their daily Guard Mounting on Horse Guards and the modern Trooping the Colour parade is along similar lines. Guards Parade, with the Queen herself attending and taking the salute.

The Queen used to ride her own horse, side saddle, wearing the uniform of the regiment whose colour was being trooped. Since 1987, she has attended in a carriage. Regiments take their turn for this honour in rotation depending on their operational commitments.

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The Grenadier Guards first began to mark The Sovereign's Official Birthday under the reign of Charles II in 1748. When George III became King in 1760, it was ordered that parades should mark the King's Birthday. With only a few breaks, most notably for the two World Wars, The trooping of the Colours has been an annual event since.

The impressive ceremony is now held on the occasion of our own Queen's Official Birthday. The precise date varies but it takes place in June. It is carried out by her personal troops, the Household Division, on Horse



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Who Let the Dogs Out?

Responsible dog ownership



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But as well as preventing unwanted puppies, neutering tends to produce calmer, less territorial behaviour in males. They are less likely to wander off in search of female dogs 'in season'. In females it avoids the messy inconvenience of 'seasons' and prevents womb infections, which can prove fatal.

Male dogs can be neutered any time from four months old. Female dogs can be spayed before their first season though some people prefer to leave it until three months after. Discuss this with your vet.

The Dogs Trust runs a subsidised neutering campaign in several areas of the country. Check out their website.

Microchip This is the best way to ensure that if your dog goes missing, he is returned to you. Each microchip has its own unique ID number plus the name of the dog's owners and a contact number.

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Train A well trained dog is a happy dog, and much nicer to live with than an untrained one!

There are many good dog training clubs around. Choose one which encourages the use of kindness and positive reinforcement. The Kennel Club run the UK's largest dog training programme, known as the *Good Citizen Dog Scheme*. It starts at puppy foundation level and from there you can progress through bronze, silver and gold awards.

Exercise This is really important. A dog needs a chance to stretch his legs and explore his environment on a daily basis. A properly exercised dog is also less likely to wander.

If you work, think about employing a dogwalker. Make sure they're policechecked and insured, and ask for references.

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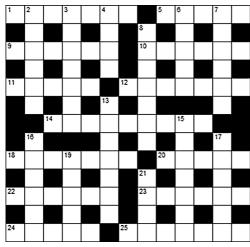
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ACROSS

 Boast, swank around (4,3) 	
5 Label, trade name (5)	
9 Divine, holy (6)	
10 Visit, turn up (6)	
11 Academy award (5)	
12 Steer, pilot (7)	
14 Trembling (9)	
18 Fake, fabrication (7)	
20 Pasture, turf (5)	
22 Spear, puncture (6)	
23 Voucher, token (6)	
24 Streep, film star. (5)
25 Retaliate, reciprocate (3,4)

DOWN

- Throaty, gravelly (6)
- Angry, on the ____(7)
- Diminish, dissolve (4)
- Spinning part of a machine (5)
- 6 x15 (6)
- Area to leave your vehicle (3,4)
- Style of throwing (7)
- Nourish, care for (7)
- Edible mollusc (6)
- On land, not at sea (6)
- Awkward, ungainly (5)
- 4840 square yards! (4)

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Last month's Brain Games solutions:
did you get them right?

How to Play SUDOKU

It's so simple!

Fill in the grid so that each row, column and 3x3 box contains the numbers 1 through to 9 with no repetition.

You don't need to be a genius. These puzzles use logic alone.

But beware! Sudoku is highly addictive.

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Dave ~ 01865 714778 Martin ~ 07899 911122 headingtonquarrymorris@gmail.com

or drop in on a Monday night at 8.00 pm at THE MASONS ARMS, Quarry School Place, Headington Quarry, OX3 8LH

> See us in action on https://sites.google.com/site/ headingtonquarrymorrisdancers

When responding to ads please mention Headington Monthly



We are seeking a new Chairperson

Do you have lived experience of disability, experience of being on a committee and the leadership skills and drive to make a difference? If so please get in touch.

For more information and an application form please telephone:

0800 044 8192

or email info@unltdox.org.uk

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HEADINGTON MONTHLY

Shops and other outlets stocking Headington Monthly

HEADINGTON CENTRE: London Road - The Windmill, Natwest Bank, Headington Coop, Posh Fish, Pen to Paper, Cancer Research UK, Marie Curie, Sainsbury's, British Heart Foundation, Coco Noir, Tesco's, Andrews, Barclays Bank, Gardiner's Opticians, Holland & Barrett, Helen & Douglas House, Headington Stationers and Household Goods, Children's Air Ambulance, Mojo's Sandwich Bar, Robert Stanley Opticians **Windmill Road** - Ice Hair Salon, Helen & Douglas House, Armends Walk-in Barbers, Adria Pizzeria & Gelataria, Vente Tsunami, Sue Ryder Foundation, Daisy Chain, Electric Aids **Gray's Road** - Gray's Road Stores **Girdlestone Road** - Girdlestone Launderette **Wilberforce Street** - The Butcher's Arms

WOODFARM: Atkyns Road - Post Office, The Coop, Woodfarm Bakery MARSTON: Cherwell Drive - The Coop, Mediterranean Fish Bar, Marston Medical Centre

Old Marston Road - The Coop, Marston Pharmacy, Costcutter Marston Road - The Marston Barber

Do you know of a good collection point for the magazine? If so please let us know.

Please note: If you are unable to see the magazine displayed in any of the above locations please ask in store as the management may not have a space to display it prominently. Stocks are topped up at least weekly. If the location is out of stock please call Nick on 07850 120116.

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About Dr Angie Anderson Qualified at the University of Cambridge, I work locally as a GP with a special interest in dermatology. I have over 20 years' experience in minor surgery, and am skilled in dermoscopy, which is now considered essential for accurate diagnosis of skin conditions and management of blemishes.

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HEADINGTON MONTHLY

WHAT'S ON IN JUNE

Have an event? We happily publicise non-profit, community and charity events through this page. Please email ads@headingtonmonthly.co.uk with the subject heading "Community Events" before 2 June with your events for July 2017.

GILBERT & SULLIVAN: THE MIKADO

Charity concerts in Costume Kennington & district United Church Choirs All Welcome.

http://www.kenningtonchoir.org.uk/performances *Friday, 23rd June 2017 at 7.30pm* Christ Church, Northcourt Road, Abingdon,

OX14 1PL (free admission, collection for The Abingdon

Bridge) Saturday, 24th June 2017 at 7.30pm Witney Congregational Church, Welch Way, Witney, OX28 6JF

(free admission, collection for Christian Aid)

Friday, 30th June and Saturday, 1st July at 7.30pm

Kennington Methodist Church, Upper Road, Kennington, OX1 5LR (free admission, collection for Kennington Overseas Aid)

HEADINGTON LIBRARY

Rhymetime for the under 5s 11.00 – 11.30 Thursdays June 8th,15th,22nd,29th All children must be accompanied by an adult

Storytime with Craft for 3-6 year –olds Saturday June 24th 11.00-1130 All children must be accompanied by an adult

Have you heard about Barton Fields Allotment Association?

Located off Barton Village Road with views over the open country side we can offer you fresh air, fresh vegetables and exercise. We would love to welcome new Members. Call Janette on 01865 580131 to arrange a visit.

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HEADINGTON FESTIVAL

At last the Festival is here:-

3rd June - Headington Centre 10am - 3pm 4th June - Bury Knowle Park 1pm - 5pm

Check this is in your diary so you can take part in the activities, enjoy the catering, fun fair, free entertainment and family fun!

This year's event includes numerous stalls, Colonel Custard's magic, music, dancing, a stilt walker, a children's competition and face painting.

We look forward to seeing you all there - admission is free!

www.headingtonfestival.co.uk

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These are are some useful local numbers and school terms calendar. Please advise us if there are any errors or important missing numbers

Doctors:

- * Barton Surgery, Underhill Circus, Headington 01865 744 221
- * Bury Knowle Health Centre, 207 London Road, Headington 01865 761651
- * Manor Surgery, Osler Road, Headington 01865 762 535

Dentists:

- * 310 Dental Care, 310 London Road, Headington 01865 766975
- * Bury Knowle Dental Practice, 207 London Road, Headington 01865 308 400
- * Euro Dental Practice, 61 London Road, Headington 01865 308400
- * John Miller Dental Practice, 6a The Parade, Windmill Road, Headington 01865 308 050
- * Kennett Road Dental Practice, 3 Kennett Road, Headington 01865 761 965
- * Manor Dental Practice, 7 Osler Road, Headington 01865 750 056
- * Studental, Oxford Brookes University, Colonnade Building, 3rd Floor, Gypsy Lane, OX3 -

01865 484 608

Chemists:

- * Barton Pharmacy, 6 Underhill Circus, Headington 01865 763 106
- * Boots Pharmacy, 96 London Road, Headington 01865 763 106
- * Boots Bury Knowle, 207 Bury Knowle Health Centre, Headington 01865 765 559
- * Roundway Pharmacy, 3 Roundway, Headington - 01865 766 994

Libraries:

* Headington Library, North Place, Headington - 01865 762 867

Other Useful Numbers:

- * Age UK 01235 849 400
- * Childline 0800 1111
- * Citizen's Advice Bureau 0870 200 608
- * John Radcliffe Hospital 01865 741 166
- * Gas Emergencies 0800 111 999
- * Power Outages 0800 072 7282 (Scottish Power & Southern Electric)
- * Thames Valley Police 101
- * Oxford City Council 01865 252 900
- * Rt. Hon. Andrew Smith MP 02072 194 512
- * NHS Direct 111
- * The Samaritans 08457 909 090
- * Recycling and waste 01865 249811

City Councillors for Headington:

* Ruth Wilkinson - 07789 368 300 * Altaf Khan - 07931 345 554

School Terms 2016-17

Term	Date	# Days
Term 1	1 Sep - 21 Oct	37
Oct. Holiday	24 Oct-28 Oct	
Term 2	31 Oct - 16 Dec	35
Christmas Holiday	19 Dec - 2 Jan	
Term 3	3 Jan - 10 Feb	29
Feb Holiday	13 Feb - 17 Feb	
Term 4	20 Feb - 7 Apr	35
Apr Holiday	10 Apr - 21 Apr	
Term 5	24 Apr - 26 May	24
Late Spring	29 May - 2 Jun	
Term 6	5 Jun - 21 July	33
School Year Begins	4 September 2017	
Total		195

This information is taken from the Oxford City Council website. Please contact your school or visit your school's website to check the return dates for your school and obtain dates of teacher inset days.

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