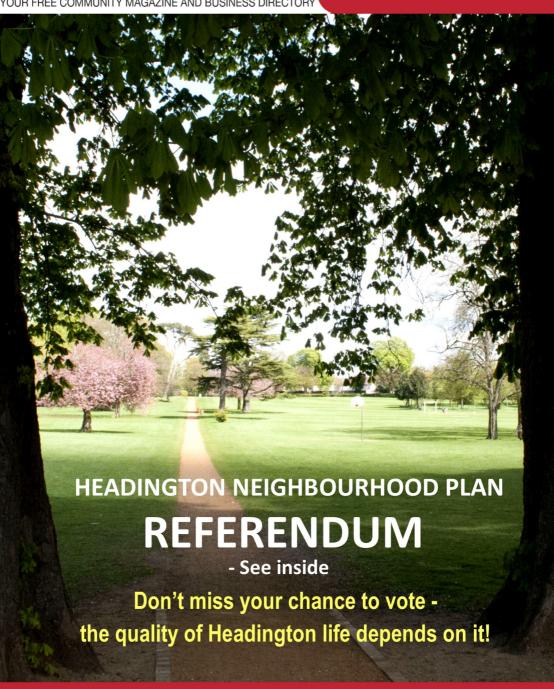
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ISSUE #85 April 2017

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Headington Monthly is distributed to residents and businesses in central Headington every month.



Nick Allnatt Founder/Publisher GET IN TOUCH Nick: 07850 120116 nick@headingtonmonthly.co.uk

Dear Readers

s you can see from our front cover we are running a feature on the Headington Neighbourhood Plan Referendum. More details are in the advert on page 24. This is an important referendum as planning decisions made by the council will take account of this plan. If you haven't voted, Headington improvements you wanted may not be made, or some you didn't want will go ahead, so it's important to vote. More information is in the advert.

We have a number of new adverts this month including several full page ones. This may be a sign things are looking up for Headington. Please use these advertisers services where possible as it will help strengthen the magazine, and the local economy. We also have one petition appeal for Marston Court Day Centre and one local article written by Roger Jenking. Roger's thoughts may or may not chime with yours but if you have a view please write us a reply for publication.

I've been scrabbling about trying to get a photo of the new lion in Bury Knowle park for the front cover (not the real one of course - he escaped some time ago (yikes!). The first time it was still surrounded by railings to keep park users away from the sculptor's powerful chain saw. The second time there were people in the way and the third time someone had left their belongings parked on it. The fourth time I fell in the ditch and went home battered and bruised. Hey ho! I feel like Peter Sellers in The Pink Panther Rides Again, trying to pole vault over the partly raised castle drawbridge but each time falling in the moat. I'll keep trying and if successful we'll show it on the front cover, probably in June, as the May front cover will have the Headington Festival feature (see reminder ad on page 31). Speaking of which have you noted the Festival dates in your diary. This seems to improve every year so should be a humdinger this year. More details next month.

Best Wishes, Nick

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OXFORD UNITED

Tim is a 21 year old sports fanatic and has been living in Headington since 2004 which was when he saw his first Oxford game. He wishes to pursue a career in Sports Journalism. Tim enjoys taking part in triathlons and is a member of the local club. He is a season ticket holder at Oxford United home games and won the 2015 Oxfordshire Young Sports Reporter competition organised by BBC Radio Oxford.







Back At Wembley Again!

By Tim McGovern

fter a late win against MK Dons, Oxford would begin a torrid home run in the league beginning with an undeserved 2-0 loss against Southend, but with an FA Cup tie at Premier League Middlesbrough looming, attentions turned to Riverside.

Despite a disallowed goal and finding themselves 2-0 down at half time, Oxford scored two goals in less than a minute in the second half to level the game with a superb free kick from Chris Maguire, and another well worked goal from Toni Martinez. But Boro broke Oxford hearts by netting in the dying minutes of the game, to end Oxford's cup dreams, but the Yellows had their heads held high.

Oxford then took a much needed win against Charlton after deadline day signing Conor McAleny netted brilliantly from range early on.

McAleny was not finished with his scoring though. Oxford headed up to Chesterfield and controlled the game from start to finish. Rob Hall tapping in to give the lead, then what can only be described as a "wonder hat-trick" from McAleny sealed the 4-0 romp. It should be noted, all three goals were from outside the box.

Another important cup tie was next, away at Luton in the Checkatrade semi-final. Oxford were fortunate to take the lead after Phil Edwards struck in a scrappy play. Marvin Johnson was without a doubt, the hero of the day after a vital goal line clearance followed by a lucky deflected goal to make it 2-0. Luton fought back hard, and got a goal back with 20 minutes left, but former Yellow and fan-favourite, Danny Hylton headed in an equaliser with 8 minutes left. Marvin Johnson

though scored another wonder goal three minutes later after a short corner to secure a place for Oxford at Wembley for the second consecutive year!

Back in the league, Oxford would continue their poor home run with a 2-0 loss to Bristol Rovers and a 3-2 loss to table toppers Sheffield United (of whom Chris Wilder is managing). The goals from that game came from Chey Dunkley and Toni Martinez.

But Oxford's away form thrived with a victory against Peterborough. Phil Edwards and Conor McAleny sealed the tie despite a late goal coming from the Posh. 2-1 after a well fought game.

The result against Luton means that Oxford will go to Wembley for the fourth time in their history. We shall play Coventry City, and will definitely be aiming to go one better than last year. We've got the class and we've got the talent... Let's bag us a Wembley Trophy shall we?!

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As I write this piece we are moving into Spring, from a personally, rather challenging Winter.

I have been walking and deeply watching my thoughts and feelings as I try to really experience and know what this particular seasonal transition is like.

What does it feel like? Fresh, new, warmth on my neck. Don't really think the sun lost all its warmth during the Winter just past as there always seemed to be some warmth remaining. Did you feel that too?

What does the transition from Winter to Spring sound like? Well, this was a hard one to start with but I feel there are more tones and frequencies out in nature as Spring starts to becken.

What does its smell like? Plants like Daphne out in the gardens produce wonderful scents and aromas. So the transition brings up smells

I'd forgotten which need a conscious effort to remind ourselves what they are.

What does the transition feel like? Warmer and delicate as new foliage emerges.

Taste. What does the transition from Winter to Spring taste like? More depth I'd say. Winter is about heavy root veg, soups and stews. A certain amount of sweetness appears in our gardens edible produce in Spring.

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Headington 37 years on

By Roger Jenking

I came to Headington thirty seven years ago. Both as a consumer and a field studies teacher, I took an interest in Headington shops which is technically a tier two retail destination. Rather flippantly I used to say that you could buy a house an Estate Agent there and a pack of butter from a supermarket but not much in between.

I think that I can remember a small hotel where you could get a cup of tea but, in terms of refreshment, that was about it!

Did the pubs sell tea and coffee then?

Much has changed, most of it for the better, a little for the worse. What can't be denied is that if you choose to rent some space by buying a beverage and watch if not all the world but a section of it, go by, you have many options.

But with choice, comes thought. Readers can think of their own but I have come up with five questions that can be asked when deciding which outlet to patronise with your brown pound. First, is the tea and coffee fair trade? Fair trade tea and coffee guarantee their producers a just and stable price for their work, and support for their usually poor communities. Since producer price is such a small proportion of the final contents of the cup, the extra cost of this is minimal. There is little excuse not to be a fair trade outlet.

Secondly, is the establishment locally owned? There is much talk these days of "clone' towns - I fear for the Westgate development - and this tendency seems to be spreading to the suburbs as the national and international chains use their muscular spending power.

Does the establishment pay UK Corporation Tax? Or does it excuse itself from it by making the final computer stroke abroad or putting their profits against self imposed debts?

Has it ever converted an existing business into a coffee shop without getting full planning permission? To my mind, retrospective permission does not count!

Finally, are the shop's disposable cups re-cyclable? You may know that 'cardboard' ones are not. If shops assure us that they are trying to obtain

re-cyclable cups, they should try harder!

To my knowledge, no cafe in Headington scores five points. Greggs and some of the locally owned ones get three. Astonishingly one outlet fails all five tests - and it is particularly popular. I'm sure that most readers can guess which one it is.



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ARRIVAL

FILM REVIEW BY OSCAR DUXFIELD



rrival is a tense, riveting sci-fi drama, made last year, about the arrival of an alien species that had me hooked from the very beginning. Don't go into this movie assuming that you're going to see another Independence Day or alien action film because, although this is about aliens, it's really more about language and the difficulty of communication – not just between humans and alients but between humans and humans. A superb part of this movie is the understated alien arrival itself, which is almost glossed over as we see everything from the lead actor's (played by Amy Adams) perspective. I think this was a fantastic bit of film making from the director (name?) who chose not to give us the typical "glamour shot" of a ship descending surrounded by a halo of light as any lesser movie would. It sets the tone of the movie early on and allows the tension to build throughout the length of the film.

I'm disappointed that Amy Adams's superb performance didn't receive an Academy nomination; she definitely carries the movie and if you were to switch her for a less-talented actress, the film would become much more pedestrian. Jeremy Renner's performance is passable but unmemorable. I felt his lines were the lines that Hollywood typically gives a female co-star His character lacks depth and his lines are mostly reacting to things said or events that have happened.

Forest Whitaker plays Colonel Weber in a disappointingly minor role that seems to be there simply to remind us about how little time we have to decode the alien language. In my opinion, this wastes Forest Whitaker acting talent as witnessed in some of he previous stand-out roles such as in Last King Of Scotland.

I was really struck by how quiet the movie is throughout. The tension that builds because of this silence is extraordinary as it forces everyone watching not to move or do anything lest they miss or interrupt the scene. When I was first watching this movie in the cinema it was almost impossible to eat the snacks. I had without everyone turning and staring at me for disturbing the scene.

There is a fantastic twist towards the end of this movie that adds one more layer of awesomeness to the feature. I won't give it away as that would spoil the entire film for anyone who hasn't yet seen it, but the twist is so remarkable that on repeat viewings it completely changes your experience of the movie. This is why I'm not just trying to sell Arrival to anyone who hasn't watched it; even if you have, you can guarantee a great second viewing spotting all the hints building up to the climax that you missed first time.



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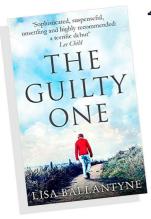
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A Good Read



The Guilty One by Lisa Ballantyne

It is true that the premise of this book may put some people off: eight-year-old Ben is found dead in a park and eleven-year-old Sebastian is arrested and

charged with his murder. With echoes of other high profile cases it does ask us to question how our behaviour as adults can lead to horrific consequences.

However, it is a very well-written and gripping novel. The focus of the story is Daniel, a solicitor chosen to represent Sebastian in court. Despite the child being quite difficult to warm to, Daniel sees something of himself in the boy and he begins to recall his own childhood as the son of a drug addict, who spent most of his time in foster care. Here the narrative splits and we discover his story in the mid-1980s interspersed in the current day court case.

Ballantyne successfully transports us back to a cold farm in the North of England where Daniel finally finds the warmth and love he has been looking for in the shape of his foster mother, Minnie. She immediately takes to this boy that no one else wants and an unlikely relationship develops between them. What becomes apparent though is that something went very wrong with the relationship and as an adult, facing the death of Minnie, and the trial of young Sebastian, Daniel is forced to confront his own childhood whilst we are left wondering who the guilty one really is.

The Bad Beginning: A Series of Unfortunate Events by Lemony Snicket

There are some children's books that invite you in. Literature has long been used to escape from the real world and children's literature is no exception. Whether it is an escape to a magical boarding school where you realise you are someone special, or a fantastical journey down a rabbit hole, you can expect to be welcomed into the new world for the next 200 or so pages.

Not so here. There is a very clear warning that you do not want to learn of the terrible events that will occur to the three Baudelaire children. But tell a child not to do something and they most certainly will and so this novel – the first in the series – has been a hit with readers since it was first published in 1999.

With a new adaptation premiering on Netflix it seems a perfect time to return to the original story. Set in a timeless version of our world we are introduced to the Baudelaire's: Violet, Klaus, and baby Sunny. Their life is turned upside down when their parents die in a house fire and they are sent to live with Count Olaf, a mysterious man who lives in a crumbling mansion and owns

You know from the beginning that this will not end well and are told "if you enjoy books with happy endings then you are best of reading another book." You have been warned!

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What is The Internet of Things?

The 'internet of things' refers to electronic devices connecting to each other using the internet. It's a way to collect information and improve efficiency. Take as an example, a Fitbit or other fitnesstracking device. These give you an indication of how many steps you've walked or ran in a day, your heart rate, calories burned and so on. You can also synch one to an app on your phone, or to an online account. Then you can check your progress over a week, how you compare to other people you're sharing information with, how many calories you've burnt off and so on. If you also sync your account up with 'smart' scales, it'll keep track of your weight and BMI, to give you a fuller picture of your health in one place.

Smart homes

Smart home devices are becoming increasingly common. They let you control your heating, hot water, lights and other technology while you're out of the house. Let's say you're running late from work. You realise you're going to miss your favourite TV programme, so you use your phone to set it to record. You also

postpone the heating coming on, and turn a light on so it looks like someone is home. At least you know your security cameras will send an alert to your phone if they detect any movement.

On the way home, you nip to the supermarket, but can't remember whether you need milk. A couple of clicks and your smart fridge has sent you a photo of its contents. After buying the milk, you turn your heating on, and set your coffee machine to have a brew

ready for when you get in.

Smart health

The internet of things isn't just about making our lives a bit easier. Trials are underway to see how it could help people with pre-existing medical conditions. Medical devices that patients use at home can collect data to give healthcare providers a better picture of a patient's day-to-day health. Doctors can even be sent an alert if measurements go above or below a safe level.

Smart cities

By using smart technology, and acting on data, cities could become more efficient. From bins that send an alert when they need emptying, to traffic lights that help reduce congestion, the internet of things is set to bring about a lot of changes. It may seem like sci-fi, but it might not be that long until you're travelling in a driver-less vehicle, which knows exactly where there's an available parking space, and any road closures to avoid on the way to your destination.

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Save Marston Court Day Centre!

The reason I am doing this petition to save the Day Centre at Marston Court Residential Care Home for the elderly, is because I've heard that the County Council wants to make more cuts. And one of the things they're talking about is closing day centres in residential homes for the elderly. Marston Court is run by the St. John's Trust but the land is owned by Oxford City Council.

Why it is important to keep the day centre open? Because it gives a chance for older people to get out of the house for the day giving them a break and a chance to meet other people who go there. It's a local and well known place and many local people work there as well. The residents of Marston Court are well looked after by the carers as I have been told by the people of Marston as I have gone round the houses.

Marston Court Residential Home is a really important part of the Marston community and if the day centre was to close it would be a real loss to the elderly who rely on going as a break from staying at home. As I've gone round the houses I have found people are only too pleased to sign the petition and I've found that the possibility of the centre closing is a real concern to them. Marston Court Residential Home always has lots of entertainment for the residents and visitors including music, games and other sorts of entertainment. They made a summer house in the garden and I was asked to cut the ribbon and open it for them which was a great honour to do. That afternoon there was live music, lots of drink and a barbecue and everyone had a great time including the staff, residents and visitors and the manager who did a great job organising it.

At the home you have the manager, administration staff, senior care staff, cleaners, care workers, maintenance staff and kitchen staff. It is round the clock work. They also keep a vacant room for short stay administration. The activity staff interact with the residents helping them with stitching, sewing and knitting, colouring, painting etc.

I have put a petition in two shops for people to sign, one is Costcutters in Old Marston Road and another is the shop on the corner of William Street. I would like to get at least eight hundred signatures.

So I hope to meet my target, then I will hand it into the County Council Offices and hope the day centre stays open.

Cllr Mick Haines



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Referendum

Headington Neighbourhood plan

This summer we have the chance to approve a neighbourhood plan for Headington. A referendum will be called that asks people on the electoral roll in the area whether they want the plan to be used by Oxford City Council to help it decide on planning applications. The referendum will be held alongside the County Council elections on Thursday 4th May. Regarding planning, we are proposing policies to help the city shape development in the way that people in Headington have told us they'd like. Please don't miss your chance to vote - the quality of Headington life depends on it!

Our vision for the plan is:

Headington Neighbourhood Plan celebrates the diversity and identity of Headington. Working with our partners and neighbours, we plan to balance the opportunities in Headington in order to provide a healthy, positive and vibrant environment for people to live, work and study in.

Two major rounds of consultation have resulted in policies on conserving green spaces and protecting amenities, protecting the local character and important assets, supporting more school places, and supporting alternative modes of transport to cars. We also have community policies to guide local decision making on housing and business activities.

The plan should help to coordinate strategies from both City and County, ensuring that there is a clear focus on Headington as part of the City and County.

Details of our plan can be found at http://headingtonplan.org.uk/



London Road, Wheatley, OX33 1YA A collection of 2, 3, 4 & 5 bedroom homes



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*Imagery is indicative of typical Taylor Wimpey homes. Images may include optional upgrades available at the time at additional cost. Please speak to your Sales Executive for more details.

BRAIN GAMES

CROSSWORD

SUDOKU

				2			1	
9	4		7	8	3	2		5
	6		1					7
5					2	6		3
		3		7		4		
8		4	3					2
4					8		2	
3		2	5	1	4		9	6
	8			9				

CROSSWORD CLUES

ACROSS

24

4	Registers, documents (5)
7	Levitating, fluttering (8)
8	Greek god of love (4)
9	Most chaotic, most unkempt (8)
11	Kiln or stove for drying hops (4)
12	Baby swan (6)
14	Church room (6)
16	Niche, hole (4)
18	Delirious, overjoyed (8)
20	Elliptical (4)
21	Unspoken, implied (8)
23	Reboot, start again (5)

Parting, leaving (5)

Gawks, stares (5)

DOWN

1	Store, minimarket (7)
2	Iron, flatten (5)
3	Sunday - Winter sports programme (3)
4	Downsides, bad points (9)
5	Mini earthquakes, vibrations (7)
6	Footwear (5)
10	Radical, zealot (9)
13	Stinging plants (7)
15	Fence, barrier - mostly metal (7)
17	Romantic partner (5)
19	Excuse, defence (5)
22	Small, wrinkly dog! (3)

Last month's Brain Games solutions: did you get them right?

С	Α	В	Α	R	Ε	Т		Ε	Е	R	I	Ε
Α		Α		Т		0		R		Ε		Ν
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R		G		Α		O		0		U		Е
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2	4	5	9	1	3	6	7	8
8	9	3	4	6	7	5	2	1
6	7	2	1	5	4	3	8	9
3	8	4	6	2	9	7	1	5
1	5	9	7	3	8	4	6	2

How to Play SUDOKU

It's so simple!

Fill in the grid so that each row, column and 3x3 box contains the numbers 1 through to 9 with no repetition.

You don't need to be a genius. These puzzles use logic alone.

But beware! Sudoku is highly addictive.

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HEADINGTON FESTIVAL

A REMINDER TO ALL!!

It's time to put the **3rd & 4th June** in your diaries to remind you about the forthcoming Festival so that you can take part in the activities, enjoy the catering, free entertainment, family fun and shop at the stalls!

If you have yet to book a stall for your produce, crafts or simply advertising them, there's still time to do so by contacting Neil on **0800 234 3095** or visit:

www.headingtonfestival.co.uk

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About

Dr Angie Anderson Qualified at the University of Cambridge, I work locally as a GP with a special interest in dermatology. I have over 20 years' experience in minor surgery, and am skilled in dermoscopy, which is now considered essential for accurate diagnosis of skin conditions and management of blemishes.

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HEADINGTON MONTHLY

WHAT'S ON IN APRIL

Have an event? We happily publicise non-profit, community and charity events through this page. Please email ads@headingtonmonthly.co.uk with the subject heading "Community Events" before 2 April with your events for May 2017.

DVORAK: STABAT MATER Opus 58 SUNDAY 9th APRIL at 3.00 pm.

Exeter College Chapel, Turl Street, Oxford, OX1 3DP

Kennington & District United Church Choirs. Charity concert.

Free admission. All Welcome.

Collection for Medic Assist International

Punk/New Wave Theme Night

Fri 7th April 2017
Mason's Arms in Quarry at 8pm
Weekend Retro Team perform live music in aid of Windmill Primary School and Cheney
School music departments.

Tickets £5 - raffle to raise money for Cheney.

Email: rbo@cheney.oxon.sch.uk to reserve tickets. Punk/New Wave clobber may be worn.

Repatriations plaque unveiling

Sat 8th April 2017

St Anthony of Padua Church, Headley Way. The plaque will be unveiled at 11am by Time Stevenson, Lord Lieutenant of Oxfordshire.

East Area Planning Committee

Wednesday 5th April 2017 Town Hall at 6pm.

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HEADINGTON MONTHLY

Shops and other outlets stocking Headington Monthly

HEADINGTON CENTRE: London Road - The Windmill, Natwest Bank, Headington Coop, Posh Fish, Pen to Paper, Cancer Research UK, Clic Sargeant, Marie Curie, Sainsbury's, British Heart Foundation, Coco Noir, Tesco's, Andrews, Barclays Bank, Gardiner's Opticians, Holland & Barrett, The Card Factory, Helen & Douglas House, Headington Stationers and Household Goods, Mojo's Sandwich Bar **Windmill Road** - Ice Hair Salon, Helen & Douglas House, Armends Walk-in Barbers, Adria Pizzeria & Gelataria, Vente Tsunami, Sue Ryder Foundation, Daisy Chain, Electric Aids **Gray's Road** - Gray's Road Stores **Girdlestone Road** - Girdlestone Launderette **Wilberforce Street** - The Butcher's Arms

WOODFARM: Atkyns Road - Post Office, The Coop, Woodfarm Bakery

MARSTON: Cherwell Drive - Mediterranean Fish Bar, Marston Medical Centre

Old Marston Road - The Coop, Marston Pharmacy, Costcutter Marston Road - The Marston Barber QUANTITIES ARE ALSO AVAILABLE AT: Headington Library, Bury Knowle Health Centre, Gardiner's Opticians, Barton shops & Health Centre.

Do you know of a good collection point for the magazine? If so please let us know.

Please note: If you are unable to see the magazine displayed in any of the above locations please ask in store as the management may not have a space to display it prominently. Stocks are topped up at least weekly. If the location is out of stock please call Nick on 07850 120116.

To advertise, please contact Nick on 07850 120116 or email nick@headingtonmonthly.co.uk

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CONTACTS, COMMUNITY, CALENDAR.

These are are some useful local numbers and school terms calendar. Please advise us if there are any errors or important missing numbers

Doctors:

- * Barton Surgery, Underhill Circus, Headington 01865 744 221
- * Bury Knowle Health Centre, 207 London Road, Headington 01865 761651
- * Manor Surgery, Osler Road, Headington 01865 762 535

Dentists:

- * 310 Dental Care, 310 London Road, Headington 01865 766975
- * Bury Knowle Dental Practice, 207 London Road, Headington 01865 308 400
- * Euro Dental Practice, 61 London Road, Headington 01865 308400
- * John Miller Dental Practice, 6a The Parade, Windmill Road, Headington 01865 308 050
- * Kennett Road Dental Practice, 3 Kennett Road, Headington 01865 761 965
- * Manor Dental Practice, 7 Osler Road, Headington 01865 750 056
- * Studental, Oxford Brookes University, Colonnade Building, 3rd Floor, Gypsy Lane, OX3 01865 484 608

Chemists:

- * Barton Pharmacy, 6 Underhill Circus, Headington 01865 763 106
- * Boots Pharmacy, 96 London Road, Headington 01865 763 106
- * Boots Bury Knowle, 207 Bury Knowle Health Centre, Headington 01865 765 559
- * Roundway Pharmacy, 3 Roundway, Headington - 01865 766 994

Libraries:

* Headington Library, North Place, Headington - 01865 762 867

Other Useful Numbers:

- * Age UK 01235 849 400
- * Childline 0800 1111
- * Citizen's Advice Bureau 0870 200 608
- * John Radcliffe Hospital 01865 741 166
- * Gas Emergencies 0800 111 999
- * Power Outages 0800 072 7282 (Scottish Power & Southern Electric)
- * Thames Valley Police 101
- * Oxford City Council 01865 252 900
- * Rt. Hon. Andrew Smith MP 02072 194 512
- * NHS Direct 111
- * The Samaritans 08457 909 090
- * Recycling and waste 01865 249811

City Councillors for Headington:

- * Ruth Wilkinson 07789 368 300
- * Altaf Khan 07931 345 554

School Terms 2016-17

Term	Date	# Days
Term 1	1 Sep - 21 Oct	37
Oct. Holiday	24 Oct-28 Oct	
Term 2	31 Oct - 16 Dec	35
Christmas Holiday	19 Dec - 2 Jan	
Term 3	3 Jan - 10 Feb	29
Feb Holiday	13 Feb - 17 Feb	
Term 4	20 Feb - 7 Apr	35
Apr Holiday	10 Apr - 21 Apr	
Term 5	24 Apr - 26 May	24
Late Spring	29 May - 2 Jun	
Term 6	5 Jun - 21 July	33
School Year Begins	4 September 2017	
Total		195

This information is taken from the Oxford City Council website. Please contact your school or visit your school's website to check the return dates for your school and obtain dates of teacher inset days.



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Saturday 20 May 2017 10.00am – 12.30pm



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Please telephone the Registrar, Fern Williams, for details on 01865 762802 enquiries@ryestantony.co.uk www.ryestantony.co.uk Rye St Antony, Pullens Lane OX3 0BY



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